

**CORONAVIRUS TIER 4****STAY AT HOME**gov.uk/coronavirus

Around 1 in 3 people with Covid-19 have no symptoms so will be spreading the virus without realising. We must all take action to protect each other and our hospital capacity.

MEETING FRIENDS AND FAMILY  No household mixing, aside from support bubbles and two people meeting in public outdoor spaces.	BARS, PUBS AND RESTAURANTS  Hospitality closed, aside from sales by takeaway, drive-through or delivery.	RETAIL  Essential shops can open. Non-essential retail must close and can only open for click-and-collect and delivery.	WORK AND BUSINESS  Everyone must work from home unless they are unable to do so.
EDUCATION  Early years settings, schools, colleges and universities open during term time. Registered childcare, other supervised activities for childcare purposes, and childcare bubbles permitted	INDOOR LEISURE  Closed.	ACCOMMODATION  Closed (with limited exceptions)	PERSONAL CARE  Closed.
OVERNIGHT STAYS  You must not stay overnight away from home. Limited exceptions apply.	WEDDINGS AND FUNERALS  Funerals of up to 30 people permitted. Wakes and other linked ceremonial events can continue in a group of up to six. Weddings of up to six can continue in exceptional circumstances.	ENTERTAINMENT  Indoor entertainment closed. Some outdoor attractions may remain open.	PLACES OF WORSHIP  Open for private prayer and communal worship, but cannot interact with anyone outside household or support bubble.
TRAVELLING  You must stay at home and only travel for work, education or other legally permitted reasons. If you must travel, you should stay local, and reduce the number of journeys you make. You must not leave a Tier 4 area or stay overnight away from home. Residents in Tiers 1 - 3 should not enter Tier 4 areas. Do not travel abroad if you live in a Tier 4 area unless an exemption applies.	EXERCISE  You can leave your home to exercise by yourself, with your household or support bubble, or with one person from another household. Outdoor sport allowed but gatherings limit applies except for youth and disabled sport.	RESIDENTIAL CARE  You can visit relatives in care homes with COVID-secure arrangements such as substantial screens, visiting pods, and window visits.	CLINICALLY EXTREMELY VULNERABLE The Clinically Extremely Vulnerable are advised to stay at home as much as possible, except to go outdoors for exercise or to attend health appointments.

For support and more information visit:
gov.uk/coronavirus



HANDS



FACE



SPACE