

THAKEHAM PRIMARY SCHOOL NEWSLETTER



'Small School, Big Opportunities, Great Achievements'

19th November 2019



Super Learning Hero Awards

Congratulations go to the following children for their awards week commencing 4th November 2019, awarded in Celebration assembly on 11th November 2019:

Positive, Persevering

Poppy
Daisy (Oak)
Clem (Elder)
Archie (Elder)

Co-operative, Caring

Craig

Curious, Questioning

Quinn
Sadie (Maple)

Reflective, Reviewing

Ruby
Kaden (Acorn)
Martha (Elder)

Headteacher award

Archie (Elder)

Governor Award

Archie (Elder)

Congratulations go to the following children for their awards week commencing 11th November 2019, awarded in Celebration assembly on 19th November 2019:

Positive, Persevering

Poppy
Tamira (Acorn)
Callum (Oak)
Evelyn (Maple)
Dylan (Elder)

Co-operative, Caring

Craig

Curious, Questioning

Quinn

Reflective, Reviewing

Ruby
Aria (Oak)

Hall of Fame

Ben (Maple)

Time to Shine!



Congratulations to our wonderful children and their amazing achievements outside school.



Message from Mrs Norton

Dear Parents/Carers,

Welcoming our new pupils

We have been delighted to welcome Elliot and Evelyn to our school where they are settling well into Oak and Maple class respectively. As with all our new pupils they have had the help of buddies and adults to support the transition process. We have now reached 105 on roll! We hope they settle in quickly and soon feel like part of our welcoming 'Thakeham Family.'

Open Events for Prospective Reception Places 2020

This year, in response to the demand seen over the past 2 years, we have put on 4 open events for parents interested in finding out more about a Reception place at Thakeham for their child. These have been well

attended and ably supported by Elder Class pupils as fantastic tour guides and ambassadors for the school and of course our Reception Teachers Mrs Hoare and Mrs Turner. We have welcomed more than 36 families to these events and some further families are still requesting tours! **Please note Wednesday 15th January 2020 is the closing date for applications.**

BBC Children in Need

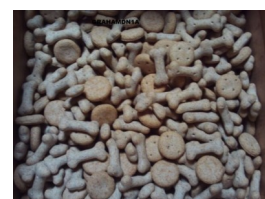
We were proud to see every child in school take part in the fundraising 'Big Morning Move' in school last Friday led live by Joe Wicks The Body Coach live online. Working out was a great way for the children (and grown ups too!) to start the day and raise money too for this worthy cause. Altogether we raised **£108.11** for Children in Need. It definitely put the 'fun' into 'fundraising! You can see the workout we took part in if you go to <https://www.bbcchildreninneed.co.uk/schools/>



Thank you to everyone who took part and parents for their kind donations.

Co-operative, Caring Craig Afternoon

Throughout the year we are planning opportunities for children to engage in more depth with key aspects of each of our Super Learning Heroes. Linking with Children in Need Day, last week we decided to focus on 'Co-operative, Caring Craig.' This saw classes learning about supporting others in a wide variety of ways. Oak learnt about the work of 'Make a Wish' and considered how they could make dog biscuits to raise money for their class charity at our forthcoming Christmas Fair. Oak class made bird feeder fat balls which will be sold alongside some beautiful bird houses that Mr Howse (our talented Premises Manager) which will raise money for WWF and FOTS.



Elder class worked together co-operatively to plan games stalls and make posters etc for the Christmas Fair to raise funds for FOTS. We are currently fundraising to develop a Mindfulness Garden at the back of our school.



Also being Co-operative, Caring Craigs are Elder class pupils who, as part of their Community Award have been visiting Thakeham Village Hall and helping out at a Coffee Morning. This supports our work on developing a sense of responsibility for others in our community. If you know of any other local organisation who may benefit from our community project work, please do let myself or Mrs Hopkins know.



FOTS Christmas Fair

Our FOTS team have been busy preparing for our forthcoming fair on Sunday 1st November 1-3:30pm. We are looking for helpers on the day—if you can spare an hour or more please let Mrs Pirkis or Mrs Forrester know asap.

Thank you for the Raffle Hamper donations we've had so far. Just a reminder of the donations needed:

Class	Theme	Ideas
Acorn	Cookery	(Recipe Book, Baking accessories, Ingredients)
Oak	Christmas	(Wrapping Paper, Crackers, Baubles)
Maple	Arts & Crafts	(Drawing Books, Pencils, Glue, Glitter)
Elder	Family Night In	(Popcorn, Games, DVD)

Non-Uniform Day

In addition to the Raffle, we will also be running the usual bottle and chocolate tombolas and will be having a non-uniform day on **Friday 22nd November**. For our new parents, children are invited to come in that day in non-uniform, **in exchange for donations for the bottle and chocolate tombolas**. As the Christmas Fair is now quite close, we have decided to do one day for both tombolas. We would really appreciate it if you could donate one bottle and one chocolate item each. These stalls are always among the most successful at our fundraising events and hopefully we can do just as well this year. Sign up sheets for volunteers will soon be out on the playground. Any help would be most welcome!

We do hope you will come along and support your children and school.

With Very Best Wishes

Mrs Sam Norton



Year 1/2 Multi-sports Tournament

Huge congratulations to Oak class who came first in their recent sports tournament. A group of ten children went to West Chiltington to take part in a multi-sports event. This included a range of activities that developed throwing, catching and team work skills.

Year 5 Football Taster

Our team players showed great resilience in developing new skills and tactics and battling against the weather and mud, lots of mud! Well done team!



Switch Off Fortnight

The week beginning 18th November was the start of Switch off Fortnight.

Over 13,000 schools have signed up to be part of this campaign, sponsored by EDF energy. The idea is to make us more aware of how we use electricity in our everyday life and what we can do to help reduce energy wastage, make us more energy efficient and therefore help look after our environment and save money too!



Our Eco friends Busta and Pong from Waste busters have helped us reflect on our energy usage and waste within school. We would like you to think about how energy is used at home and consider simple changes you could make to help the environment. Use these pictures as prompts to discuss ideas and solutions at home. Could we challenge you to make one small change?



Chartwells 'We're All Ears' Survey

It is a requirement of West Sussex County Council that Chartwell's carry out annual surveys of the school meal service and the data they collect is used to further improve their service.

Their 'We're All Ears' parent & pupil survey is now running from **Monday 18th November - Saturday 30th November 2019**.

The link is live from today and available on our website.

Survey Links

Parent Survey: <https://bit.ly/2OhSZK2>
Child Survey: <https://bit.ly/2KrrRHp>

They would be extremely grateful if you could spare the time to give them feedback of their service.





Spotlight on Safeguarding

Parent and Carer Online Toolkit (Childnet)

The new non-statutory guidance published in the summer, [Teaching Online Safety \(2019, DfE\)](#), recommends that schools 'Proactively engage staff, pupils and parents/carers in school activities that promote the agreed principles of online safety.'

Childnet have updated their parent and carer toolkit that will help parents have conversations about online safety. Their booklet 'Let's talk about life online' includes ten key messages that should be shared with children:

- "You can always come to me if you need help."
- "What would you do if this happened...?"
- "Remember that not everyone is who they say they are online."
- "Keep your personal information safe, and other people's too."
- "Be respectful to others online."
- "Think before you post."
- "Remember to ask if it's okay."
- "Remember not everything is true online."
- "The things other people post online might not always show what their life is really like."
- "Recognise how going online makes you feel and take a break when you need to."

Sharenting

Professor Stacey Steinberg Associate Director of the Centre on Children and Families University of Florida, has written a blog discussing her research on 'sharenting', when parents share information and images of their children online. Best practice guidance for parents sharing online include: giving older children a veto power on online disclosures; considering the effect sharing has on a child's psychological development; not sharing naked or near naked pictures of children; and not sharing your physical location.

Read the blog: [Growing up shared: negotiating the risks and opportunities of 'sharenting'](#)

Tackling criminal exploitation (Children's Society)

The Children's Society, along with many other organisations, are working to disrupt the activity of criminal gangs and keep young people safer. They work with the police to stop county lines activity and recognise the young people that have been exploited by criminal gangs as victims, not criminals.

The Children's Society has developed resources for parents and professionals if they are worried a young person is involved in county lines.

Criminal exploitation: A guide for parents

This parents' guide can be downloaded here: <https://www.childrenssociety.org.uk/sites/default/files/cce-advice-for-parents.pdf>

REMINDER: The Green Force team need your help!

Following on from the last newsletter, please continue to bring in the following items for recycling:

- bottle top lids
- crisp packets (flat, not folded or knotted)
- used pens
- toothpaste tubes and brushes

There are collection boxes in the school entrance which will be labelled to show you what items go where. Please bring the above items at your convenience and place them in the correct box. The bottle top lids will be used to create an art project to go in our school mindfulness garden, the crisp packets will be given to Isla Rose in Oak class (who is collecting these for the West Sussex Air Ambulance service as part of her Rainbows badge) and the used pens and toothpaste tubes/ brushes will be sent to the new additional recycling bins outside Thakeham Village hall.



Thank you very much for your support.

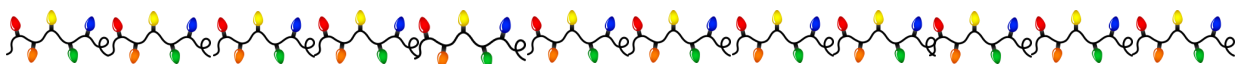
Dates for your Diaries - Please check the website for up-to-date events

PLEASE NOTE: WE HAVE BOOKED THE FOLLOWING INSET DAYS

Friday 26th June 2020

Monday 20th July 2020

Tuesday 19th Nov	Selected Yr 6 to Thakeham Village Hall for Community Award 9.00am
Friday 22nd Nov	Non-uniform day—in exchange for Fair donations (chocs and bottles)
Friday 29th Nov	Decorations Afternoon
Friday 6th Dec	Maple Class Fabulous Finish 2.30pm
Tuesday 10th Dec	Selected Y3/4 Football Taster (afternoon)
Tuesday 10th Dec	Choir to Age UK Sullington 1pm (CHANGED)
Tuesday 10th Dec	KS2 Church Service—St Mary's Thakeham 6.15-7.00pm (CHANGED)
Wednesday 11th Dec	Acorn & Oak Nativity 2.00-3.00pm
Thursday 12th Dec	Acorn & Oak Nativity 2.00-3.00pm
Wednesday 18th Dec	Elder Class Fabulous Finish 2.30pm
Friday 20th Dec	Christmas lunch (whole school) 12.00-1.00pm (please return menu request)
Friday 20th Dec	Christmas Parties (afternoon – all classes)
Friday 20th Dec	LAST DAY OF TERM



Chartwells Catering has a Kitchen Staff vacancy at Storrington Primary School

Are you interested in school catering that fits around your family life?
If yes, why not join our friendly, professional team?

Position is term time only, 3 hours per day (10.45am to 1.45pm) 5 days a week
Appropriate training will be given and uniform will be provided.

For more information please contact
Nicola Eves, Area Manager via email at
nicola.eves@compass-group.co.uk



Packed Lunch Guidelines

What are the Packed Lunch Guidelines for?

To help schools encourage parents to supply healthy packed lunches that are equally as nutritious and beneficial as hot school meals. Packed lunches should be nutritionally balanced and in line with the national 'School Food Standards', which hot school meals are required to comply to.

What does this mean for parents?

As the government have set nutritional standards for hot school lunches, we wish for children who eat packed lunches to have the same varied, balanced diet at school. Below is a quick checklist to help parents, children and school staff to see if lunches are healthy.

Food Type	Example	How much?
Fruit and vegetables	Apple, berries, carrot, cucumber, raisins, banana, tomato, pear, sugarcane peas, orange, kiwi	At least 1 portion every day.
Meat, fish, eggs, non-dairy protein	Chicken, pork, beef, tuna, lentils, kidney beans, chickpeas, houmous, tofu	At least 1 portion every day.
Oily fish	Salmon, sardines, anchovies, mackerel	At least 2 portions every 2 weeks.
Starchy food (inc. wholemeal bread)	Pitta, rolls, wraps, sliced bread, pasta, rice, couscous, potatoes (not chips), noodles, rice cakes (non-yoghurt or chocolate coated)	At least 1 portion every day.
Dairy	Semi-skimmed/ skimmed milk, cheese, low sugar yoghurt, fromage frais, low sugar custard pot	At least 1 portion every day.
Drink (Schools provide free water)	Water, fruit juice*, smoothie* (*maximum 150ml), semi-skimmed/ skimmed milk, low sugar yoghurt drink	At least 1 portion every day.
Meat products	Sausage roll, individual pies, corned meat, sausages	Occasionally, not every day.
Cakes and biscuits**	Angel slice, jammy dodgers, bikkie, tart, bread, flapjacks (*Look for snack sized and reduced sugar/fat versions. Does not include chocolate)	Occasionally, not every day (encourage child to eat as part of a meal)
Salty snacks	Crisps, nuts	Not to be included
Confectionary	Chocolate, chocolate coated biscuits, cereal bars, processed fruit bars, sweets	Not to be included
Sugary soft drinks	Squash, fizzy drink (even if no added sugar or reduced sugar), fruit shoot, capri sun	Not to be included

I struggle to meet the 'Rate-my-lunch Challenge' guide/ my child has dietary requirements, can I order hot school meals?

Let us know if your child has allergies or intolerances so we can work with you. Faith or vegetarian meal requests will also be respected. Our caterer Chartwells, cater for dietary requirements where possible. To ask about a special diet please email westsussexspecialdiets@compass-group.co.uk.

What if I don't follow the Packed Lunch Guidelines?

The school advise parents to follow the guidelines, so that all children can eat healthily at school. School staff will continue to monitor packed lunches, along with the hot school meals service. Be advised that our hot school meals meet the Government's School Food Standards and is independently checked and endorsed.

For more information on Chartwells or to book meals, visit: www.loveschoolmeals.co.uk or call 01243 836130.

Did you know? Only 1.6% of primary school packed lunches met the Government's School Food Standards that hot school meals are required to meet*

*As shown in research by the University of Leeds, 2016.



Piano + Drum Kit Lessons at Thakeham Primary

Great news, SAM Music Service offer individual and paired piano and drum kit lessons at Thakeham Primary. Lessons take place during and after the school day.

Learning to play an instrument can be a fantastic way to help with confidence, creativity, social skills and academic development. Our students are encouraged to progress through the accredited graded syllabuses such as Trinity Rock & Pop.

The teachers are experienced and passionate real-life musicians; lessons are fun and engaging; and parents / guardians are kept up to date with weekly online feedback via our unique, mobile friendly software 'mySAM'!

There are limited spaces so please enquire as soon as possible to avoid disappointment, as lessons will be allocated on a first come first serve basis.

How to Enquire:

1. Email: lessons@sussexmusic.com - include student name / school name / instrument
2. Web: www.sussexmusic.com/schools - complete the quick and easy contact form

What does it Cost:

- Individual 30min lessons are £15.50 per lesson
- Paired 30min lessons are £11.25 per lesson per person
- Lessons are paid for in half-termly blocks.
- We encourage individual lessons for the most efficient learning experience!
- SAM Music Service is Ofsted registered and accepts payment via Childcare Vouchers (including Tax-Free Childcare), thus helping to keep the price of lessons to a minimum.



Your Space Therapies are pleased to present a Therapeutic Parenting Course in Sussex.

We are a counselling and play therapy service that work holistically with schools, parents and professionals supporting vulnerable children. We help children and their communities to have good mental health, resilience to learn and be the best they can be.



Boosting the Bond for the BEST relationship with your child

Wednesday 5th February 2020 6-8pm
£20 per ticket. Capacity 40.



Your Space Therapies are offering a unique and down-to-earth course for parents and carers providing practical ways to have the best relationship with their children. The course will offer an overview of children's emotional brain development and offer practical strategies and therapy games to develop strong emotional bonds and help parents therapeutically manage children's anxiety or challenging behaviours.

To book please email bookings@yourspacetherapies.org

93% of delegates who have attended Your Space Therapies trainings have rated them 'excellent'.

"This course really helped me think about why my children behave the way they do and now I have practical ways to help"

"Now I have helpful ways to respond when my children are angry or upset"

"I loved learning the therapeutic games"

"Learning about children's emotional brain development was fascinating"



Venue:

St. Nicolas and St. Mary's Primary School,
Eastern Avenue, Shoreham-by-Sea,
West Sussex, BN43 6PE

Did you know... Your Space Therapies can also provide bespoke parenting consultations as well as various therapies? To enquire please contact

info@yourspacetherapies.org

Tel: 01903 209991
www.yourspacetherapies.org

www.westsussex.gov.uk

Horsham District Year of Culture 2019

EVENTS FOR CHILDREN

Christmas Tales by Torchlight

Thursday 5th December
5.30pm - 6.15pm

Everyone Welcome



Join us for a special Christmas story time

Tickets are free, but places must be booked in advance

Parents and Carers are asked to remain on the premises during this activity



Storrington Library

Ryecroft Lane, RH20 4PA
01903 839050

Everyone is welcome at our regular activities and special events and activities. Visit www.westsussex.gov.uk for our facilities statement.



Grades Exams & Rental

Grade Exams

SAM tuition is tailored to suit each student, with many working on grade syllabuses from exam boards such as ABRSM, Trinity Guildhall, Trinity Rock & Pop, RGT and Rockschool. We encourage all students to take part in exams and can assist in finding an accompanist if required.

Retail and Rental

If you are looking to rent an instrument, SAM works in partnership with Ackerman Music who offer discounts to SAM students - please see www.sussexmusic.com/ackerman for more information.

Ackerman
Music



Prices & Contact

Enquiring about music lessons is quick and easy
visit www.sussexmusic.com/schools
and complete the short online form.

Lessons are booked and paid for on a half-termly basis to help with your cash flow and are over 25% cheaper than other providers. We are Ofsted registered and can accept childcare vouchers.

30 minute one-to-one: **£15.50**

60 minute one-to-one: **£28.90**

30 minute paired: **£11.25** per student

60 minute paired: **£20.35** per student

Please ask about small group lessons - All prices include VAT

Funding

There is often financial support available through your school, please ask us for more information regarding subsidies.

✉ schools@sussexmusic.com

🌐 www.sussexmusic.com/schools

☎ 01273 465 122

Music Lessons In Your School

1-2-1 & Paired Instrument and Vocal Lessons

Celebrating 10 years of music education



SAM Sussex
Academy
of Music Ltd

www.sussexmusic.com

Scan Here To Enquire



A CLUB FOR ALL!
Chance to learn new skills,
meet new people
and join a friendly club!

Stars NC Masterclass

FRIDAY 6TH DECEMBER
CHANCTONBURY LEISURE CENTRE - STORRINGTON
4.30 - 6.30

U11, U12 AND U13 (SCHOOL YEARS 6, 7 AND 8)

**£5 for two hour masterclass
and two free taster sessions at club**



*Chance to be coached by Sussex County Coach
and Regional player. Coaches have over 20 years
experience between them at various levels; school,
regional, university, college, back to netball and club.*

To book email: starsnccamps@gmail.com
or call: 07808 404240



Pop up crafts

Pottery, willow, wood, honey and more



Wood Fired Pottery and Rural Crafts
for sale

30th November/1st December 2019
10.00 - 4.00

"Craymore", Cray Lane, Pulborough,
RH20 2HX

(Off Broomers Hill Lane)